



Bib number	Name	Club	Time	Start time	Actual Time
U11 Male					
1	224 Harri Tancred	Kendal Amateur Athletic Club	00:05:31		00:05:31
2	211 Magnus Foxwell	Ambleside AC	00:05:35		00:05:35
3	212 Dallas MacHell	Ambleside AC	00:05:46		00:05:46
4	210 Kit Evans	Ambleside AC	00:06:05		00:06:05
5	234 Oliver Wrigley	Kendal Amateur Athletic Club	00:06:14		00:06:14
6	218 Nathaniel Leonard	Eden Runners	00:06:17		00:06:17
7	198 Tom Ostle	Eden Runners	00:06:18		00:06:18
8	209 Rowan Bradley	Ambleside AC	00:06:20		00:06:20
9	213 Jack Thwaite	Cumberland Fell Runners	00:06:22		00:06:22
10	221 Charlie Hodgson	Helm Hill Runners	00:06:34		00:06:34
11	215 Drew Cunningham	Eden Runners	00:06:45		00:06:45
12	217 Leo French	Eden Runners	00:06:46		00:06:46
13	216 Mark Evans	Eden Runners	00:06:52		00:06:52
14	214 Oliver Bujor	Eden Runners	00:06:55		00:06:55
15	219 Bobby Liddle	Eden Runners	00:07:11		00:07:11
16	220 Brandon Raeburn	Eden Runners	00:07:26		00:07:26
U11 Male Team Winner		Ambleside AC			
U11 Female					
1	276 Fay Thomas	Lancaster & Morecambe AC	00:05:53		00:05:53
2	277 Imogen Moore	Leven Valley AC	00:06:07		00:06:07
3	252 Mila Barron	Ambleside AC	00:06:18		00:06:18
4	278 Anna Hamilton	Unattached	00:06:25		00:06:25
5	273 Penelope Wadsworth	Helm Hill Runners	00:07:10		00:07:10
6	275 Alice Maddams	Keswick AC	00:07:14		00:07:14
7	271 India Parker	Eden Runners	00:07:18		00:07:18
8	272 Elodie Haslett	Helm Hill Runners	00:07:38		00:07:38
9	257 Freya Hodgson-Jones	Ambleside AC	00:08:02		00:08:02
10	258 Evie Carter	Eden Runners	00:08:34		00:08:34
11	274 Izzy Leigh	Kendal Amateur Athletic Club	D.N.F.		D.N.F.
U11 Female Team Winner		N/a			



Bib number	Name	Club	Time	Start time	Actual Time
U13 Male					
1	90 Joseph Tinniswood	Border Harriers & AC	00:12:36	00:02:00	00:10:36
2	97 Joseff Tancrel	Kendal Amateur Athletic Club	00:12:36	00:02:00	00:10:36
3	84 Tom Ashworth	Ambleside AC	00:12:53	00:02:00	00:10:53
4	96 Jake Smith	Kendal Amateur Athletic Club	00:12:55	00:02:00	00:10:55
5	86 Joseph Green	Ambleside AC	00:13:00	00:02:00	00:11:00
6	89 Matthew Hetherington	Border Harriers & AC	00:13:11	00:02:00	00:11:11
7	104 Oliver Scott	Leven Valley AC	00:13:13	00:02:00	00:11:13
8	108 Toby Kitchin	Seaton Athletic Club	00:13:17	00:02:00	00:11:17
9	102 Demitri Kyriacou	Leven Valley AC	00:13:32	00:02:00	00:11:32
10	98 Cooper Wadsworth	Kendal Amateur Athletic Club	00:13:33	00:02:00	00:11:33
11	107 Jamie Cueto	Seaton Athletic Club	00:13:40	00:02:00	00:11:40
12	87 Gil Burns	Border Harriers & AC	00:13:44	00:02:00	00:11:44
13	93 Barnaby Parker	Eden Runners	00:13:52	00:02:00	00:11:52
14	103 Sam Oldham	Leven Valley AC	00:13:59	00:02:00	00:11:59
15	101 Kyran Harvey	Leven Valley AC	00:14:01	00:02:00	00:12:01
16	99 Harry Wilkin	Kendal Amateur Athletic Club	00:14:33	00:02:00	00:12:33
17	88 Liam Fulton	Border Harriers & AC	00:14:33	00:02:00	00:12:33
18	85 F D	Ambleside AC	00:16:39	00:02:00	00:14:39
19	94 Dylan Raeburn	Eden Runners	00:17:42	00:02:00	00:15:42
20	92 Tyler Carter	Eden Runners	00:19:53	00:02:00	00:17:53
21	100 Monty Holmes	Keswick AC	D.N.F.		D.N.F.

U13 Male Team Winner Kendal Amateur Athletic Club

U13 Female					
1	126 Penelope Boyle	Leven Valley AC	00:10:57		00:10:57
2	121 Isla Jebb	Kendal Amateur Athletic Club	00:11:33		00:11:33
3	118 Cara Bradley	Kendal Amateur Athletic Club	00:11:58		00:11:58
4	116 Emmy Ranner	Helm Hill Runners	00:12:13		00:12:13
5	128 Julia Fielding	Sedbergh School Running Club	00:12:21		00:12:21
6	111 Anna Cunningham	Eden Runners	00:12:35		00:12:35
7	122 Isla Pearman	Kendal Amateur Athletic Club	00:12:51		00:12:51
7	123 Lily Slater	Kendal Amateur Athletic Club	00:13:05		00:13:05
9	124 Rosie Speight	Kendal Amateur Athletic Club	00:13:07		00:13:07
10	112 Isobel Davies	Eden Runners	00:13:08		00:13:08
11	113 Alice Rankin	Eden Runners	00:13:14		00:13:14
12	127 Katelyn Douglas	Leven Valley AC	00:13:15		00:13:15
13	129 Alice Hardy	Tri-Lakeland	00:13:22		00:13:22
14	109 Rosie Scott	Ambleside AC	00:13:36		00:13:36
15	114 Ella Stamp	Eden Runners	00:14:50		00:14:50
16	125 Isabelle Wrigley	Kendal Amateur Athletic Club	00:15:03		00:15:03
17	115 Iris Turner	Eden Runners	00:17:17		00:17:17

U13 Female Team Winner Kendal Amateur Athletic Club



Bib number	Name	Club	Time	Start time	Actual Time
U15 Male					
1	145 Will McNally	Leven Valley AC	00:16:51	00:02:00	00:14:51
2	131 George Tiffin-Lowe	Border Harriers & AC	00:16:57	00:02:00	00:14:57
3	138 Alfie Addison	Kendal Amateur Athletic Club	00:17:01	00:02:00	00:15:01
4	132 Mylo Jewell	Cumberland Fell Runners	00:17:43	00:02:00	00:15:43
5	143 Joshua Todd	Kendal Amateur Athletic Club	00:17:46	00:02:00	00:15:46
6	148 Hugo Berry	Sedbergh School Running Club	00:17:56	00:02:00	00:15:56
7	144 Micah Wightman	Keswick AC	00:18:01	00:02:00	00:16:01
8	146 Oliver Oldham	Leven Valley AC	00:18:06	00:02:00	00:16:06
9	147 John Williamson	Leven Valley AC	00:18:34	00:02:00	00:16:34
10	142 Alfie Todd	Kendal Amateur Athletic Club	00:18:59	00:02:00	00:16:59
11	150 Henry Patchett	Sedbergh School Running Club	00:19:04	00:02:00	00:17:04
12	139 Will Brayshaw	Kendal Amateur Athletic Club	00:19:17	00:02:00	00:17:17
13	134 Daniel Davies	Eden Runners	00:19:22	00:02:00	00:17:22
14	136 Keian McCombie	Eden Runners	00:19:32	00:02:00	00:17:32
15	130 Zeke Sumner	Ambleside AC	03:10:55	00:02:00	03:08:55
16	141 Alex Speight	Kendal Amateur Athletic Club	00:20:07	00:02:00	00:18:07
17	135 Toby Davies	Eden Runners	00:20:16	00:02:00	00:18:16
18	137 Toby Acland	Kendal Amateur Athletic Club	00:21:19	00:02:00	00:19:19
19	133 Lucas Bailie	Eden Runners	00:22:24	00:02:00	00:20:24
U15 Male Team Winner		Leven Valley AC			
U15 Female					
1	173 Daisy Woodcock	Seaton Athletic Club	00:17:22		00:17:22
2	161 Kate Collin	Kendal Amateur Athletic Club	00:17:45		00:17:45
3	157 Rose Gilldaley	Eden Runners	00:17:50		00:17:50
4	163 Millie Jebb	Kendal Amateur Athletic Club	00:17:57		00:17:57
5	171 Lucy Bell	Leven Valley AC	00:17:59		00:17:59
6	168 Zoe Brannon	Keswick AC	00:18:15		00:18:15
7	167 Erin Barry	Keswick AC	00:18:38		00:18:38
8	170 Iona Barrowdale-Smith	Leven Valley AC	00:19:01		00:19:01
9	166 Lara Smith	Kendal Amateur Athletic Club	00:19:07		00:19:07
10	152 Isabelle Milligan	Border Harriers & AC	00:19:34		00:19:34
11	159 Lily Salt	Eden Runners	00:19:53		00:19:53
12	156 Grace Errington	Eden Runners	00:20:03		00:20:03
13	151 Mahiya Mohan	Barrow & Furness Striders AC	00:20:12		00:20:12
14	175 Daisy Fielding	Sedbergh School Running Club	00:20:25		00:20:25
15	176 Elif Sancar	Sedbergh School Running Club	00:20:44		00:20:44
16	154 Isla Birch	Eden Runners	00:21:08		00:21:08
17	165 Madeleine Martindale	Kendal Amateur Athletic Club	00:21:13		00:21:13
18	174 Olivia Barley	Sedbergh School Running Club	00:21:50		00:21:50
19	153 Bella Tiffin-Lowe	Border Harriers & AC	00:22:16		00:22:16
20	158 Sienna Parker	Eden Runners	00:22:26		00:22:26
21	160 Amelie Thorburn	Eden Runners	00:22:40		00:22:40
22	155 Rosie Davies	Eden Runners	00:23:14		00:23:14
U15 Female Team Winner		Kendal Amateur Athletic Club			



Bib number	Name	Club	Time	Start time	Actual Time
U17 Male					
1	180 Adam Varey	Border Harriers & AC	00:19:44		00:19:44
2	189 Daniel Dean	Sedbergh School Running Club	00:20:01		00:20:01
3	177 Kai Hatcher	Border Harriers & AC	00:20:29		00:20:29
4	185 Aslak Rolfe	Eden Runners	00:20:44		00:20:44
5	188 Max Hazlehurst	Leven Valley AC	00:20:51		00:20:51
6	179 Ben Nutter	Border Harriers & AC	00:21:00		00:21:00
7	178 Alfie Lamb	Border Harriers & AC	00:21:31		00:21:31
8	184 Thomas Renwick	Eden Runners	00:21:57		00:21:57
9	187 Oliver Willoughby	Kendal Amateur Athletic Club	00:22:44		00:22:44
10	182 Ned Hale	Eden Runners	00:22:59		00:22:59
11	183 Archie Harding	Eden Runners	00:23:35		00:23:35
12	181 Joshua Davies	Eden Runners	00:28:02		00:28:02
U17 Male Team Winner		Border Harriers & AC			
U17 Female					
1	196 Georgia Bell	Leven Valley AC	00:22:12		00:22:12
2	193 Amara Rose	Eden Runners	00:24:11		00:24:11
3	191 Sophie Rylance	Ambleside AC	00:24:21		00:24:21
4	194 Sarah Smith	Kendal Amateur Athletic Club	00:26:23		00:26:23
5	197 Isabelle Barley	Sedbergh School Running Club	00:26:57		00:26:57
6	195 Vicky Woof	Kendal Amateur Athletic Club	00:29:33		00:29:33
U17 Female Team Winner		N/a			
U20 Male					
1	291 Charlie Harding	Eden Runners	00:43:34	00:05:00	00:38:34
2	292 Samuel Gunning	Sedbergh School Running Club	00:47:53	00:05:00	00:42:53
3	290 Ashley Todd	Border Harriers & AC	00:48:57	00:05:00	00:43:57
U20 Male Team Winner		N/a			
U20 Female					
1	280 Amelie Marshall	Eden Runners	00:37:51		00:37:51
2	288 Gemma O'Dowd	Eden Runners	00:41:27		00:41:27
U20 Female Team Winner		N/a			



Bib number	Name	Club	Time	Start time	Actual Time
Senior Men					
1	9 Scott Nutter	Border Harriers & AC	00:41:12	00:05:00	00:36:12
2	38 John Batrick	Keswick AC	00:42:35	00:05:00	00:37:35
3	6 Tom Humphries	Border Harriers & AC	00:42:40	00:05:00	00:37:40
4	3 James Douglas	Border Harriers & AC	00:42:53	00:05:00	00:37:53
5	4 Adrian Holliday	Border Harriers & AC	00:43:23	00:05:00	00:38:23
6	31 Matthew Elkington	Glaxo Hoad Hill Harriers	00:43:39	00:05:00	00:38:39
7	41 Sam Stead	Keswick AC	00:44:18	00:05:00	00:39:18
8	42 Matthew Grieve	Leeds City Athletic Club	00:44:44	00:05:00	00:39:44
9	32 Josh Hartley	Glaxo Hoad Hill Harriers	00:44:49	00:05:00	00:39:49
10	11 James Salt	Border Harriers & AC	00:45:15	00:05:00	00:40:15
11	10 Blain Rooney	Border Harriers & AC	00:46:02	00:05:00	00:41:02
12	28 Harry Lancaster	Eden Runners	00:46:10	00:05:00	00:41:10
13	2 Ross Campbell	Barrow & Furness Striders Ac	00:46:14	00:05:00	00:41:14
14	7 Ross Landon	Border Harriers & AC	00:47:02	00:05:00	00:42:02
15	40 Russell Maddams	Keswick AC	00:47:07	00:05:00	00:42:07 V45
16	26 John French	Eden Runners	00:47:24	00:05:00	00:42:24 V40
17	44 Paul Graham	Netherhall AC (NC)	00:48:01	00:05:00	00:43:01
18	14 Tom Dunlop	Derwent AC Cockermouth	00:48:34	00:05:00	00:43:34 V35
19	39 Dave Birch	Keswick AC	00:48:43	00:05:00	00:43:43 V50
20	30 Darren Coward	Glaxo Hoad Hill Harriers	00:49:03	00:05:00	00:44:03
21	37 Joe Todd	Kendal Amateur Athletic Club	00:49:52	00:05:00	00:44:52
22	36 Will Sisson	Kendal Amateur Athletic Club	00:50:20	00:05:00	00:45:20
23	47 Richard Wells	Sedbergh School Running Club	00:50:36	00:05:00	00:45:36
24	33 Luke Turner	Glaxo Hoad Hill Harriers	00:50:58	00:05:00	00:45:58
25	25 Robert Daley	Eden Runners	00:51:25	00:05:00	00:46:25
26	20 Lee Smith	Derwent AC Cockermouth	00:51:49	00:05:00	00:46:49
27	8 Jonny Lowe	Border Harriers & AC	00:52:23	00:05:00	00:47:23
28	24 Philip Cooper	Eden Runners	00:52:37	00:05:00	00:47:37
29	17 Mike Mainprize	Derwent AC Cockermouth	00:53:06	00:05:00	00:48:06
30	43 James Bailey	Leven Valley AC	00:53:39	00:05:00	00:48:39
31	22 Michael Allison	Eden Runners	00:55:12	00:05:00	00:50:12 V60
32	5 Kevin Hull	Border Harriers & AC	00:55:47	00:05:00	00:50:47
33	18 Chris Mathieson	Derwent AC Cockermouth	00:56:27	00:05:00	00:51:27
34	15 Stephen Hackley	Derwent AC Cockermouth	00:57:41	00:05:00	00:52:41
35	16 Rodney Lewis	Derwent AC Cockermouth	00:58:37	00:05:00	00:53:37
36	27 James Jardine	Eden Runners	01:00:10	00:05:00	00:55:10
37	23 Garry Bower	Eden Runners	01:01:46	00:05:00	00:56:46
38	29 Jonathan Tombs	Eden Runners	01:03:53	00:05:00	00:58:53
39	19 Joseph Ritson	Derwent AC Cockermouth	01:09:51	00:05:00	01:04:51
40	21 Oscar Subuh-Symons	Dorking & Mole Valley AC	D.N.F		D.N.F
Senior Men Team Winner		Border Harriers & AC			



Bib number	Name	Club	Time	Start time	Actual Time
Senior Women					
1	48 Scout Adkin	Ambleside AC	00:31:01		00:31:01
2	83 Rachel Brown	Western Tempo	00:34:06		00:34:06 V35
3	58 Sophie Likeman	Cumberland Fell Runners	00:34:37		00:34:37
4	79 Rosie Woodhams	Kendal Amateur Athletic Club	00:34:55		00:34:55
5	50 Katie Lord	Ambleside AC	00:35:07		00:35:07
6	65 Amy Kelland	Eden Runners	00:35:24		00:35:24
7	81 Niamh Hunter	Edinburgh H&H	00:36:22		00:36:22
8	56 Fiona Todd	Border Harriers & AC	00:37:16		00:37:16 V45
9	61 Sally Braithwaite	Eden Runners	00:38:05		00:38:05
10	62 Karen Bridge	Eden Runners	00:38:12		00:38:12 V50
11	70 Emma Nielsen	Eden Runners	00:38:25		00:38:25
12	49 Michelle Foxwell	Ambleside AC	00:39:26		00:39:26
13	80 Samantha Ayers	Keswick AC	00:40:16		00:40:16
14	66 Nicola King	Eden Runners	00:40:24		00:40:24
15	68 Kathryn Metcalfe	Eden Runners	00:40:49		00:40:49
16	73 Lauren Booth	Glaxo Hoad Hill Harriers	00:41:05		00:41:05
17	69 Katie Milburn	Eden Runners	00:41:22		00:41:22
18	53 Teresa Medley	Border Harriers & AC	00:41:33		00:41:33
19	51 Esther Illman	Border Harriers & AC	00:43:21		00:43:21
20	64 Annabelle Innerdale	Eden Runners	00:43:50		00:43:50
21	78 Amy Wilkin	Kendal Amateur Athletic Club	00:43:56		00:43:56
22	54 Carolyn Millican	Border Harriers & AC	00:44:07		00:44:07
23	77 Dianne Priestley	Kendal Amateur Athletic Club	00:46:21		00:46:21 V70
24	71 Angela Watson	Eden Runners	00:48:10		00:48:10
25	76 Carolyn Kevan	Kendal Amateur Athletic Club	00:49:29		00:49:29 V60
26	60 Sally Blackmore	Eden Runners	00:51:23		00:51:23
27	67 Jill Libby	Eden Runners	00:53:03		00:53:03
Senior Women Team Winner		Ambleside AC			